



MEDITERRANEAN MASTERS WEIGHTLIFTING OPEN

Alicante - Spain

23- 26 October 2025

Day	Weigh-in	Start Time	Age Group	B/W Cat.	Session	No Lifters	Expected finish	PLATFORM
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FINAL SCHEDULE

Thursday 23/10/2025	12:30	14:30	M80 M75 M70	60 - 110+kg 60 - 110+kg 60 - 88kg	1	9	16:31	A
	12:30	14:30	W75 W70 W65 W60	48 - 86+kg 48 - 86+kg 48 - 86+kg 48 - 86+kg	1	9	16:31	B

Opening Ceremony 17:00 Thursday 23 OCTOBER 2025

	15:45	17:45	M70 M65	94 - 110+kg 60 - 94kg	2	10	19:55	A
	15:45	17:45	M65 M60	110, 110+kg 60 - 110+kg	2	9	19:46	B

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Friday 24/10/2025	07:45	09:45	M55	60 - 94kg	3	10	11:55	A
	07:45	09:45	W55 W50	48 - 86+kg 48 - 86+kg	3	11	12:04	B
	10:15	12:15	M55 M50	110, 110+ 60 - 79kg	4	8	14:07	A
	10:15	12:15	M50 M45	88-110+kg 60 - 65kg	4	10	14:25	B
	12:45	14:45	W45 W45	48 - 69kg 77 ADT	5	13	17:17	A
	12:45	14:45	W45	77 - 86+kg	5	14	17:26	B
	15:30	17:30	M45	71 - 88kg	6	13	20:07	A
	15:30	17:30	M45	94 - 110+kg	6	10	19:40	B

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Saturday 25/10/2025	07:45	09:45	M40	60 - 79kg	7	11	11:49	A
	07:45	09:45	W40	48 - 69kg	7	13	12:02	B
	10:15	12:15	W40 W35	77 - 86+kg 48 - 58 kg	8	13	14:32	A
	10:15	12:15	W35	63 - 86+kg	8	13	14:37	B
	13:00	15:00	M40	88, 110+kg	9	15	17:35	A
	13:00	15:00	M40	94, 110ADT, 110kg	9	13	17:22	B
	15:45	17:45	M35	60, 71, 79kg	10	12	19:33	A
	15:45	17:45	M35	65, 88kg	10	11	19:49	B

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Sunday 26/10/2025	07:45	09:45	M35	94 - 110+kg	11	13	12:07	A
	07:45	09:45	M30	60 - 79kg	11	12	12:03	B
	10:15	12:15	W30	48 - 86+kg	12	16	15:04	A
	10:15	12:15	M30	88 - 110+kg	12	14	14:46	B

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CLOSING CEREMONY 18:00

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