

**2024 MEDITERRANEAN MASTERS
(ADAPTIVE) & INTERNATIONAL OPEN
WEIGHTLIFTING TOURNAMENT**
ALBANIAN WEIGHTLIFTING FEDERATION
INVITES YOU



DURRES - ALBANIA 2024

25 - 26 - 27 April 2024
COMPETITION AT THE
5***GRAND BLUE FAFA BEACH RESORT**
DURRES - ALBANIA

(OFFICIAL ENTRY FORM)

EACH COMPETITOR MUST FILL OUT AND SUBMIT PAGE 2,
ADAPTIVE WEIGHTLIFTERS MUST FILL OUT AND SUBMIT PAGE 2 + 4.

REGISTRATION START DATE: 15 JANUARY 2024

CLOSING DATE OF REGISTRATION: 15 MARCH 2024

Return entry forms to –	MEDITERRANEAN MASTERS SECRETARIAT
Email contact	mediterraneanmasterswl@gmail.com

Entry Fees –	EUR 85 (non refundable)	Only competitors pay the entry fee
Team Fee-	EUR 30 (non refundable) Payment no later than 15 March 2024	Consist of max. 2 men and 2 women

Bank details for transfer:	<p>BANK NAME: Credins Bank sh.a. ADDRESS: RRUGA 'VASCOPASHA' Nr. 8, TIRANE - ALBANIA ACCOUNT HOLDER: FEDERATA PESTENGRITJE ADDRESS: RRUGA LIMAN KABA PARKU OLIMPIK TIRANE – ALBANIA IBAN: AL87 2121 1009 0000 0000 0166 5733 SWIFT CODE: CDISALTRXXX</p> <p>All Bank charges on the sender INDICATE YOUR FULL NAME AND YOUR NATION</p> <p>-----</p>
Venue -	<p>GRAND BLUE FAVA BEACH RESORT ALSO ACCESSIBLE ROOMS FOR DISABLED AVAILABLE 1000 GOLEM / DURRES ALBANIA Tel. +355682541213</p>

**COMPETITOR'S PERSONAL DETAILS (please WRITE IN CAPITAL LETTERS :
*Signifies mandatory entry**

FIRST NAME *

SUR NAME *

Signature:*

Nation (country by passport):*

ADDRESS: Line 1 :*

Line 2 :*

Line 3 :*

Post Code:*

Date of Birth – format DD/MM/YYYY*

/ /

Age at 31st Dec. 2024:*

Age Group:*

Body Weight Category:*

Gender (M or W):*

Email address:*

Please indicate if you are a referee– IWF CAT I

IWF CAT II

NATIONAL

The Albanian organization is in no way liable of any injury, loss or damage of any kind from any participant.

It is the sole responsibility of each participant to be covered by medical and travel insurance at the competition field of play and throughout competition dates.

TEAM ENTRY

	NAME	BODY WEIGHT CAT	AGE GROUP	TOTAL
1				
2				
3				
4				

Reserves:-

1				
2				

Body Weight Categories

The Masters (Adaptive) Weightlifting Mediterranean - International Open 2024 will compete in International Masters Weightlifting Association (IMWA) bodyweight categories:

MEN	55 KG	61 KG	67 KG	73 KG	81 KG	89 KG	96 KG	102 KG	109 KG	+109 KG
WOMEN	45 KG	49 KG	55 KG	59 KG	64 KG	71 KG	76 KG	81 KG	87 KG	+87 KG

Final change of body category moving up or down:

The athletes can change their body category (one category up or down) until midnight CET of 18 April 2024 by sending an email to:

mediterraneanmasterswl@gmail.com

Masters Age Categories

The Masters Weightlifting Mediterranean - International Open 2024 will compete in the International Masters Weightlifting Association (IMWA) age categories

<u>Men</u>	M 30	M 35	M 40	M 45	M 50	M 55	M 60	M 65	M 70	M 75	M 80+	M 85+
<u>Women</u>	W 30	W 35	W 40	W 45	W 50	W 55	W 60	W 65	W 70	W 75	W 80+	W 85+
<u>AGE</u>	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+	85+
<u>BORN</u>	1994- 1990	1989- 1985	1984- 1980	1979- 1975	1974- 1970	1969- 1965	1964- 1960	1959- 1955	1954- 1950	1949- 1945	1944- 1940	1939-

THE INTERNATIONAL MASTERS WEIGHTLIFTING COMPETITION RULES APPLY

Adaptive Athletes

Male and female Adaptive Weightlifters from the age 30+ are eligible to participate based on the 7 categories described below.

Only Adaptive Weightlifters with permanent disability are eligible to participate under the Adaptive Weightlifting categories.

THE GRAND BLUE FAFA RESORT HAS ALSO ACCESSIBLE ROOMS FOR DISABLED.

PLEASE FILL OUT BELOW:

The 7 categories of MASTERS ADAPTIVE WEIGHTLIFTER (MAWL) are accepted to register for the participation.

- PW1: Athletes who are deaf, deafened, or hard of hearing**
- PW2: Athletes with visual impairment**
- PW3: Athletes with intellectual impairment**
- PW4: Athletes with limb deficiencies - no prothesis**
- PW5: Athletes with limb deficiencies - with prothesis**
- PW6: Athletes with limited range of motion or joint instability**
- PW7: Athletes competing with the use of a wheelchair**
- PW8: Athletes of Short Stature**

ADDITIONAL INFORMATION YOU WISH TO LET US KNOW FOR YOUR COMPETITION.
