



PROVISIONAL SCHEDULE
 Subject to change during the day
2024 EUROPEAN MASTERS
WEIGHTLIFTING CHAMPIONSHIPS
HAUGESUND - NORWAY
15 - 23 JUNE 2024



Technical Meeting 1800 FRIDAY 14 JUNE 2024

	Weigh-in	Start	Age	B/W	Session	PLATFORM
Saturday 15/06/2024	07:30	09:30	M85	ALL	1	A
			M80	55 - 73kg		
	07:30	09:30	M80	81 - +109kg	1	B
	09:30	11:30	M75	ALL	2	A
	09:30	11:30	M70	55 - 81kg	2	B
OPENING CEREMONY 14:30-15:30HR						
	13:30	15:30	W75 - W65	ALL	3	A
	13:30	15:30	M70	89 - +109kg	3	B
Sunday 16/06/2024	07:30	09:30	M65	55 - 73kg	4	A
	07:30	09:30	M65	81 - 89kg	4	B
	09:45	11:45	M65	96 - 109+kg	5	A
	09:45	11:45	W60	45 - 59kg	5	B
	11:45	13:45	W60	64 - +87kg	6	A
	11:45	13:45	M60	55 - 73kg	6	B
	13:45	15:45	M60	81kg	7	A
	13:45	15:45	M60	89kg	7	B
Monday 17/06/2024	07:00	09:00	M60	96 - +109kg	8	A
	07:00	09:00	W55	45 - 64	8	B
	09:15	11:15	W55	71 - +87kg	9	A
	09:15	11:15	M55	55 - 73kg	9	B
	11:45	13:45	M55	81 - 89kg	10	A
	11:45	13:45	M55	96 - 102kg	10	B
	14:00	16:00	M55	109 - +109kg	11	A
	14:00	16:00	W50	45 - 55kg	11	B
Tuesday 18/06/2024	07:00	09:00	M50	55 - 73kg	12	A
	07:00	09:00	W50	59kg	12	B
	09:15	11:15	M50	81 - 89kg	13	A
	09:15	11:15	W50	64	13	B
	11:30	13:30	M50	96	14	A
	11:30	13:30	W50	71	14	B
	13:15	15:15	M50	102 - +109KG	15	A
	13:15	15:15	W50	76kg	15	B

<i>Wednesday</i>	07:00	09:00	W50	81 - +87kg	16	A
<i>19/06/2024</i>	07:00	09:00	M45	55 - 73kg	16	B
	09:30	11:30	M45	81kg	17	A
	09:30	11:30	W45	45 - 59kg	17	B
	12:15	14:15	W45	64 - 71kg	18	A
	13:15	15:15	M45	89	18	B
CONGRESS OF NATIONS: 1900 HOURS						
<i>Thursday</i>	07:00	09:00	W45	76 - +87	19	A
<i>20/06/2024</i>	07:00	09:00	M45	96 - 102kg	19	B
	09:30	11:30	M45	109 - +109kg	20	A
	09:30	11:30	W40	45 - 55kg	20	B
	11:45	13:45	W40	59kg	21	A
	11:45	13:45	W40	64kg	21	B
	14:45	16:45	W40	71kgB	22	A
	14:45	16:45	W40	71kgA	22	B
Friday						
<i>Friday</i>	07:00	09:00	W40	76kg	23	A
<i>21/06/2024</i>	07:00	09:00	M40	55-73kg	23	B
	10:00	12:00	M40	81kg	24	A
	10:00	12:00	W40	81 - +87kg	24	B
	12:30	14:30	M40	81kg	25	A
	12:30	14:30	M40	89kg	25	B
	15:00	17:00	M40	96kg	26	A
	15:00	17:00	W35	45 - 55kg	26	B
Saturday						
<i>Saturday</i>	07:00	09:00	W35	59kg	27	A
<i>22/06/2024</i>	07:00	09:00	M40	102 - +109kg	27	B
	09:15	11:15	M35	55 - 73kg	28	A
	09:15	11:15	M35	81kg	28	B
	12:30	14:30	W35	64kgB	29	A
	12:30	14:30	W35	64kgA	29	B
	14:30	16:30	M35	89kgB	30	A
	14:30	16:30	M35	89kgA	30	B
Sunday						
<i>Sunday</i>	07:00	09:00	W35	71kg	31	A
<i>23/06/2024</i>	07:00	09:00	W35	76kg	31	B
	09:30	11:30	M35	96kg	32	A
	09:30	11:30	M35	102kg	32	B
	11:30	13:30	W35	76 - +87kg	33	A
	11:30	13:30	M35	109 - +109kg	33	B
CLOSING BANQUET						