



## **2022 IWF MASTERS REGISTRATION/SELECTION PROCESS FOR THE IWF MASTERS WORLD CHAMPIONSHIPS ORLANDO – USA**

### **RULES AS PER 2021 IWF MASTERS RULEBOOK**

#### **2.4 NEW 80% RULE [Passed by 2019 Congress, Montreal and replaces the “15/10 Kilo Rule”]**

**2.4.1 80% Rule** – The total weight of the starting attempts declared and actually taken in the Snatch and the Clean & Jerk must equal or exceed 80% of the weight of the verified Entry Total. The jury will exclude the athlete from the competition if this rule is not adhered to. The rule is known as the “80% Rule” and determines the “minimum start total”.

**Example:** An athlete enters a competition with a verified Entry Total of 250 kg. As 80% of 250 kg is 200 kg the total weight of the combined first attempts in the Snatch & Clean & Jerk must equal or exceed 200 kg, e.g., 90 kg and 110 kg or 87 kg and 113 kg or any other combination. The **minimum start total** in this example is 200 kg.

**Note:** At Continental Championships the 80% rule can be applied to the official Qualifying Total for the athlete’s age group/bodyweight category instead of applying it to the verified Entry Total.

**2.4.2** The athlete may submit an Entry Total that is *lower* than the total actually achieved at their qualifying competition but it must be equal to or greater than the official Qualifying Total for their age and bodyweight category.

**2.4.3** No changes can be made to the Entry Total after the deadline date for entries has passed.

#### **2.5. Changes to the Minimum Start Total (In compliance with the 80% Rule)**

**2.5.1** If the athlete remains in the bodyweight category entered the minimum start total remains unchanged and no changes are allowed.

**2.5.2** If the athlete moves down to a lower bodyweight category at the Technical Conference or Verification Meeting then the minimum start total is *decreased* by an amount equal to the difference in qualifying totals between the original category entered and the declared new category.

**Example:** The athlete enters M65/102kg category with an entry total of 200 kg and minimum start total of **160 kg** i.e., 80% of the entry total. At the Technical Conference or verification of entries the athlete moves down to M65/96kg. The qualifying total for M65/96kg is 4 kg lower than for M65/102kg therefore the minimum start total is *reduced* to **156 kg**.

**2.5.3** If the athlete moves up to a higher bodyweight category at the weigh-in or earlier then the minimum start total is *increased* by an amount equal to the difference in qualifying totals between the original category entered and the declared new category.

**Example:** The athlete enters W35/59kg category with an entry total of 200 kg and minimum start total of **160**



**kg**, i.e., 80% of the entry total. At the weigh-in the athlete moves up to W35/64kg category. The qualifying total for W35/64kg is 5 kg higher than for W35/59kg therefore the minimum start total is *increased to 165 kg*.

## 2.6 Masters Bodyweight Change Rule

- 2.6.1 At the Technical Meeting before the start of IWF Masters World or Continental Masters Championships, each National Federation confirms the final entry list of their athletes including name of the athlete, age group, and bodyweight category.
- 2.6.2 At the Technical Meeting athletes may move up to a higher body weight category or down to a lower body weight category (by one category only in either case).  
*Note – Rules 2.4.1 and 2.4.2 ensure that an athlete can achieve the qualifying standard. Advanced changes of body weight categories must be notified to the Secretariat.*
- 2.6.3 An athlete can move up to a higher body weight category at the time of the weigh-in. In order to do this the athlete must first attend the weigh-in for the body weight category he or she has entered and then also attend the weigh- in for the next body weight category above. An athlete is not allowed to go down a body weight category at the weigh-in.
- 2.6.4 After information is verified at the Technical Meeting, the entries are considered final. There cannot be any modification of the names or bodyweight categories of the athletes, except in the case of an athlete moving up into a higher bodyweight category as in 2.5.3
- 2.6.5 When, for any reason, a delegation of a National Federation does not attend this Technical Meeting, the entry forms previously submitted by that National Federation are considered the Final Verified Entries for that country.

### Selection rules

- The total number of lifters allowed in all groups, i.e., in a single bodyweight category within a specific age group, will be a minimum of 12.
- The 80% rule will be applied.
- All nations will be allowed a minimum of one entry.
- National Masters Chairs will responsible for the following rules when verifying entries:
  - Lifters must be capable of achieving the qualifying standard.
  - Lifters must achieve the qualifying standard in an officially recognised competition.
  - Lifters must achieve the entry total in an officially recognised competition.
  - Lifter must have paid the entry fee to the Chair.
- When a National Masters Chair has applied the above 4 rules, an **access code** will be given to the lifter to register for the championship.



## Additional points to consider

### Entry rules

- Athletes must pay the required entry fee to their National Masters Chair (NMC) who will issue an **access code** to register in the system. The National Masters Chair will collect all payments from their nation's entrants and make a single payment to the IWF-Masters bank account. Athletes who have paid and were not selected must receive a refund from their NMC.
- An *unlimited* number of entrants will be allowed to register, but not all will be selected. Specific entry rules (please see below under PROCEDURE RULES) will be applied to reach a final approximate entry total of **1000** athletes, and those who are not selected will be the only athletes entitled to a refund from their NMC.
- The registration system opens 1st April 2020 and the closing date for registration will be 15 June 2020. Registration will *not* close early; all registrations received by 15 June 2020 will be considered for selection.

**Qualification period counts from 16 August 2019 and ends 15 September 2022**

- When the procedural rules (see below) have been applied to reach a championship start entry of 1200 lifters, the IWF Masters Secretariat will send a list of lifters registered for each nation to the NMC. ***The list will indicate selected athletes, as well as athletes not selected and due for a refund of their entry fee.***
- The official Competition Schedule will be produced based on the maximum number of 1200 selected.

### Procedural Rules

- The system will operate by selecting a group.
  - There are 10 age groups for men, with 10 bodyweight categories each; and
  - There are 8 age groups for women with 10 bodyweight categories each.
- If a group has more than 5 lifters from one nation registered, the 5 lifters with the highest verified entry totals registered will be selected and the remaining lifters from that nation will be highlighted for deselection.
- If the same group now has fewer than 12 lifters selected, all remaining entrants in that group from all nations will be accepted for entry, up to a maximum of 12, even if one nation has more than 5 entrants.  
***EXCEPTION: No more than 5 from any nation will be accepted in any group if doing so would increase the total number of accepted entries above 1000.***
- For a group with more than 12 lifters still registered after applying the “maximum 5 lifters per nation” rule:
  - The 12 with the highest verified entry totals will be selected.
  - The remaining lifters in the group will be highlighted for deselection.

The above procedures will be applied to every group.

**During these procedures, it will be ensured that sole athletes of one nation will not be excluded from the registration process by systematic application of the above procedural rules.**

If, after applying these rules, the total number of selected athletes is less than 1200, all lifters ranked #13 in



their age/bodyweight category will be selected and accepted for the competition. If the total number of selected athletes is still less than 1200, all those ranked #14 will be selected and accepted, and so on, until the total number of selected athletes equals or exceeds 1200.

After the closing date athletes are still allowed to move up or down a bodyweight category within their age group. It is advised that anyone who does change their bodyweight category be aware of the new 80% rule which has replaced the 15/10kg rule.

Moving up or down a bodyweight category is allowed, although it might result in a group having more than 12 lifters and the possibility of more than 5 lifters from a nation.

